

RESPECT  
EXCELLENCE  
RESPONSIBILITY  
JOY



Saskatoon  
Public Schools

November 1, 2018

## FROM THE BOARD TABLE

### Enrolment increases by more than 300 students

Saskatoon Public Schools recorded its 10th consecutive year of enrolment growth with 25,209 students registered in kindergarten to Grade 12, an increase of 318 students from 2017.

As of Sept. 30, there were 16,251 students attending the division's elementary schools and 8,654 attending secondary schools.

Trustees were told during the Oct. 30 Board of Education meeting that 1,852 kindergarten students enrolled this fall, the second-highest kindergarten enrolment ever. The number of students enrolled in French immersion was 2,663, an increase of 145. The division has 2,870 students who require English as an additional language support, up slightly from 2017.

Other highlights from the meeting were:

- Trustee Ray Morrison was elected chair by acclamation during the board's inaugural meeting. "I take this responsibility very seriously, and I believe that each of us sitting at this table has much to offer the board as a whole," Morrison said. "Through the last year we have continued to take a leadership role in public education, both in the city and in the province, and we will continue to do that as we move forward."
- The new, fully accessible playground at John Dolan School was highlighted during the Celebrating Excellence portion of the meeting. An inclusive playground has been a dream of the John Dolan community. The school provides a specialized learning environment for students who require intensive supports.

Reports and information presented at board meetings can be found at [www.saskatoonpublicschools.ca](http://www.saskatoonpublicschools.ca). The next meeting of the Board of Education is Tuesday, Nov. 27, 2018, at 7 p.m.

### Saskatoon Public Schools

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[saskatoonpublicschools.ca](http://saskatoonpublicschools.ca)

# MOVE TO GROW... YOUR BRAIN

Research evidence suggests that children who are more physically active do better in school. Exercising not only spikes brain activity and prepares you for mental stresses, but also increases the retention of new information and helps students to better react to complex situations. Just a single session of moderate exercise before school has been shown to benefit brain function and academic performance in children, while also producing healthy consequences in terms of mental health.

The benefits of exercise come directly from its ability to reduce insulin resistance, reduce inflammation, and stimulate the release of growth hormones—chemicals in the brain that affect the health and abundance of brain cells. Exercise stimulates growth of new connections between these cells in a wide array of important areas of the brain, making it easier for the brain to grow new and strong connections during a learning process. Indirectly, exercise improves mood and sleep, and reduces stress and anxiety.



**#MOVE2GROW**  
A SASKATOON PUBLIC SCHOOLS' MOVEMENT



## Office 365

### Did you know?

All students at Saskatoon Public Schools have an Office 365 account that includes 5 free downloads of Office for their home devices.

#### Office 365 Includes:



and more...

#### Instructions

Go to [Office.com](https://office.com)

Sign in with:

USERNAME: studentnumber@sps-student.sk.ca

PASSWORD: same password that students use to log in to school computers

Click on Install Office button (top right corner) and follow the prompts.



Saskatoon Public Schools  
Inspiring Learning

### IMPORTANT DATES

#### NOVEMBER 9

PD/Planning Day

Elementary & Secondary Students DO NOT ATTEND

#### NOVEMBER 12

Remembrance Day holiday observed

Staff & Students DO NOT ATTEND

#### NOVEMBER 27

Saskatoon Board of Education Meeting 7 p.m.